

# Retreat 1

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## PRE-READING

- *Invitation to a Journey: A Road Map for Spiritual Formation*, M. Robert Mulholland
- *Thirsty For God: A Brief History of Christian Spirituality*, Bradley Holt

## REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Invitation to Retreat*, (one chapter and practice/week), Ruth Haley Barton
- *Life Together in Christ* (Introduction & Chapters 1 & 2), Ruth Haley Barton
- *Sacred Rhythms* (Introduction & Chapter 1), Ruth Haley Barton
- *Strengthening the Soul of Your Leadership* (Introduction & Chapter 1), Ruth Haley Barton

## REQUIRED READINGS – OTHER AUTHORS

- *Befriending Our Desires*, Philip Sheldrake
- *The Holy Longing*, Ronald Rolheiser
- *Life Together*, Dietrich Bonhoeffer

CHOOSE ONE:

- *Joy Unspeakable: Contemplative Practices of the Black Church*, Barbara A. Holmes
- *In the Name of Jesus*, Henri Nouwen

## RECOMMENDED READING

- *Concerning the Inner Life*, Evelyn Underhill
- *Holy Listening*, Margaret Guenther
- *Imitation of Christ*, Thomas a Kempis and Edythe Draper
- *Leaving Church*, Barbara Brown Taylor
- *The Making of an Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines*, Nathan Foster
- *Spirit of the Disciplines*, Dallas Willard
- *Wilderness Time*, Emilie Griffin

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# Retreat 2

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## REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Invitation to Solitude and Silence*, Ruth Haley Barton (one chapter and practice/week)
- *Sacred Rhythms* (Chapter 2), Ruth Haley Barton

- *Life Together in Christ* (Chapters 1-4), Ruth Haley Barton

## REQUIRED READINGS – OTHER AUTHORS

- *The Way of the Heart*, Henri Nouwen
- *Everything Belongs*, Richard Rohr
- *Interior Castle*, Teresa of Avila\*

CHOOSE ONE:

- *Poustinia: Encountering God in Silence, Solitude and Prayer*, Catherine Doherty
- *Joy Unspeakable: Contemplative Practices of the Black Church*, Barbara A. Holmes

\*An excellent companion for *Interior Castle* is *Entering Teresa of Avila's Interior Castle: A Reader's Companion*, Gillian T.W. Ahlgren

## RECOMMENDED READING

### General

- *The Awakened Heart*, Gerald May
- *The Centering Moment*, Howard Thurman
- *Concerning the Inner Life*, Evelyn Underhill
- *Joy Unspeakable: Contemplative Practices of the Black Church*, Barbara A. Holmes.
- *Fulfilled*, Kirk Byron Jones
- *Holy Silence*, Brent Bill
- *The Sacred Art of Listening*, Kay Lindahl
- *Inviting Silence*, Gunilla Norris
- *Journaling as a Spiritual Practice*, Helen Cepero
- *Listening for God: A Minister's Journey through Silence and Doubt*, Renita Weems
- *My Soul in Silence Waits*, Margaret Guenther
- *A Sabbatical Primer for Pastors*, David Alves
- *Thoughts in Solitude*, Thomas Merton
- *Wilderness Time*, Emile Griffin
- *Will and Spirit*, Gerald May

### Spiritual Direction/Group Spiritual Direction

- *Abba, Give Me a Word*, Roger Owens
- *The Art of Christian Listening*, Thomas N. Hart
- *Group Spiritual Direction*, Rose Mary Dougherty
- *Holy Listening*, Margaret Guenther
- *Seeking God Together*, Alice Fryling

### Technology

- *Alone Together*, Sherry Turkle
- *iDisorder*, Larry Rosen
- *Reclaiming Conversation*, Sherry Turkle

### Out of Print, but worth finding.

- *A Taste of Silence*, Carl Arico
- *Silence on Fire*, William Shannon

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# Retreat 3

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## REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Sacred Rhythms* (Chapter 4), Ruth Haley Barton
- *Strengthening the Soul of Your Leadership* (Chapter 9), Ruth Haley Barton
- *Worship on Earth as it is in Heaven* (Chapters 1 & 2), Rory Noland

## REQUIRED READINGS – OTHER AUTHORS

- *Anatomy of the Soul*, Curt Thompson
- *Behold the Beauty of the Lord*, Henri Nouwen
- *Praying with the Church*, Scot McKnight
- *Surrender to Love*, David Benner

CHOOSE ONE

- *Beginning to Pray*, Anthony Bloom
- *When the Well Runs Dry*, Thomas Green

## RECOMMENDED READING LIST

As you identify which form of prayer God is inviting you to explore this quarter, we encourage you to choose one book that will support you in exploring the form of prayer you feel drawn to.

### General and Classics

- *Contemplative Vision: A Christian Guide to Art and Prayer*, Juliet Benner
- *The Cup of Our Life: A Guide to Spiritual Growth*, Joyce Rupp
- *Dimensions of Prayer*, Douglas Van Steer and Glenn Hinson
- *A Guidebook to Prayer*, MaryKate Morse
- *Kneeling with Giants*, Gary Neal Hansen
- *Live Prayerfully*, Daniel Ethan Harris
- *Living the Lord's Prayer*, Albert Haase
- *Pray All Ways*, Edward Hayes
- *Prayer: Finding the Heart's True Home*, Richard Foster
- *Prayer, Stress, and Inner Wounds*, Flora Slosson Wuellner
- *Praying in Black and White*, Sybil and Andy MacBeth
- *Praying in Color: Drawing a New Path to God*, Sybil MacBeth
- *Praying Our Goodbyes*, Joyce Rupp
- *Ten Ways to Pray*, Dawn Duncan Harrell
- *True Prayer: An Invitation to Christian Spirituality*, Kenneth Leech
- *Worship on Earth as it is in Heaven*, Rory Noland

### Attachment and Intimacy

- *The Awakened Heart*, Gerald May
- *The God-Shaped Brain*, Timothy Jennings
- *God Attachment*, Tim Clinton and Joshua Straub
- *How God Changes Your Brain*, Andrew Newberg and Mark Waldman
- *A Secure Base*, John Bowlby

## **Worship and Icons**

- *Behold the Beauty of the Lord: Praying with Icons*, Henri Nouwen
- *The Case for the Psalms*, T.Wright
- *Praying with Icons*, Jim Forest
- *Praying with Icons*, Linette Martin
- *Worship on Earth as it is in Heaven—Part 2*, Rory Noland

## **Prayer and Fasting**

- *Fasting: The Ancient Practices*, Scot McKnight
- *Fasting: Spiritual Freedom Beyond Our Appetites*, Lynne Baab

## **Breath Prayer**

- *The Breath of Life*, Ron DelBene

## **Jesus Prayer**

- *The Jesus Prayer*, John Michael Talbot
- *On the Prayer of Jesus*, Ignatius Brianchaninov and Kallistos Ware
- *Praying the Jesus Prayer*, Frederica Mathewes-Green

## **Fixed Hour Prayer—Check amazon for authors**

- *Ancient Faith Prayer Book*
- *Book of Common Prayer*
- *Common Prayer: A Liturgy for Ordinary Radicals*, Shane Claiborne
- *Divine Hours*, Phyllis Tickle
- *Hour by Hour*, Edward S. Gleason
- *This is What I Pray Today: The Divine Hours Prayers for Children*, Phyllis Tickle (for 3+ up)

## **Prayer and Children/Family**

- *For Everything a Season*, The Nilsen Family
- *Habits of a Child's Heart*, Valerie Hess
- *Prayers for Each and Every Day*, Sophie Piper (for 0-2 years)
- *Prayers for the Domestic Church*, Edward Hayes
- *Praying in Color (Kid's edition)* Sybil MacBeth (for 5-11 years)
- *This is What I Pray Today: The Divine Hours Prayers for Children*, Phyllis Tickle (for 3+ up)

## **Apps and Websites for Fixed-Hour Prayer (websites listed here; check for apps on sites)**

- *Universalis (Catholic)* -- [www.universalis.com](http://www.universalis.com)
- [divineoffice.org](http://divineoffice.org)
- *Celtic Prayer* -- [www.northumbriacommunity.org/pray-the-daily-office](http://www.northumbriacommunity.org/pray-the-daily-office)
- *Liturgy for Ordinary Radicals* -- [www.commonprayer.net](http://www.commonprayer.net)
- *Anglican – Book of Common Prayer* – [www.bcponline.org](http://www.bcponline.org)
- *Phyllis Tickle's Divine Hours* – [www.annarborvineyard.org/tdh/tdh.cfm](http://www.annarborvineyard.org/tdh/tdh.cfm)
- *Orthodox Church in America* – [www.oca.org/orthodoxy/prayers](http://www.oca.org/orthodoxy/prayers)
- *Pray As You Go* – [www.pray-as-you-go.org](http://www.pray-as-you-go.org)
- *YouVersion* – [www.youversion.com](http://www.youversion.com)

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## Retreat 4

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### REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Sacred Rhythms*, Chapter 3
- *Invitation to a Journey*, Robert Mulholland. Chapter 9
- *Life Together in Christ*, Chapter 7
- *Life Together*, Dietrich Bonhoeffer. Chapters 2,3

### REQUIRED READINGS – OTHER AUTHORS

- *Shaped by the Word*, Robert Mulholland
- *Opening to God*, David Benner
- *The Blue Parakeet*, Scot McKnight
- Choose one:
  - *Eat This Book*, Eugene Peterson
  - OR
  - *Sacred Reading*, Michael Casey

### RECOMMENDED READING

- *Contemplative Bible Reading*, Richard Peace
- *David's Crown*, Malcolm Guite
- *Earth Filled with Heaven: Finding Life in Liturgy, Sacraments, and other Ancient Practices of the Church*, Aaron Damiani
- *The Fire of the Word*, Chris Webb
- *First Nations Version: An Indigenous Translation of the New Testament*, Terry M. Wildman
- *Gathered in the Word*, Norvene Vest
- *Global Bible Commentary*, Daniel Patte
- *Inspired: Slaying Giants, Walking on Water, and Loving the Bible Again*, Rachel Held Evans
- *The MYSTART Journal*, Harriet Mouer & Rebecca Tobar
- *Open Mind, Open Heart*, Thomas Keating
- *Patterned By Grace: How Liturgy Shapes Us*, Daniel Benedict, Jr.
- *Seeking God's Face*, Philip Reinders
- *Soul Feast*, Marjorie Thompson, chapter 2
- *The Story of Christianity, Part 1 and Part 2*, Justo Gonzalez
- *Things Hidden*, Richard Rohr
- *Too Deep for Words: Rediscovering Lectio Divina*, Thelma Hall
- *What's in a Phrase? Pausing Where Scripture Gives You Pause*, Marilyn Chandler McEntyre

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## Retreat 5

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### REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Sacred Rhythms* (Chapter 5), Ruth Haley Barton
- *Life Together in Christ* (Chapter 5), Ruth Haley Barton

### REQUIRED READINGS – OTHER AUTHORS

- *What Your Body Knows About God*, Rob Moll
- *Praying With Body and Soul: A Way to Intimacy with God*, Jane Vennard
- *Soulful Spirituality: Becoming Fully Alive and Deeply Human*, David G. Benner

## CHOOSE ONE

- *Divided by Faith*, Michael O. Emerson and Christian Smith
- *Jesus and the Disinherited*, Howard Thurmon
- *Prophetic Lament*, Soong-Chan Rah

## RECOMMENDED READING RELATED TO:

### Praying in the Body

- *Awaken Your Senses*, Brent Bill and Beth Booran
- *Prayer of Heart and Body: Meditation and Yoga as Christian Spiritual Practice*, Fr. Thomas Ryan
- *Praying With Beads: Daily Prayers for the Christian Year*, Nan Lewis Doerr & Virginia Stem Owens
- *Praying With the Body: Bringing the Psalms to Life*, Roy DeLeon
- *Walking a Sacred Path*, Dr. Lauren Artress
- *With Open Hands*, Henri Nouwen

### Caring for the Body

- *An Invitation to Christian Yoga*, Nancy Roth
- *Balance in Action*, Melissa Gray
- *Holy Yoga*, Brooke Boon
- *The Power of Full Engagement: Managing Energy, Not Time, Is the Key to High Performance and Personal Renewal*, Jim Loehr and Tony Schwartz
- *This is My Body*, Ragan Sutterfield
- *When the Body Says No: Exploring the Stress-Disease Connection*, Gabor Mate
- *Yoga Prayer DVD*, Fr. Thomas Ryan
- *Yoga for Christians*, Susan Bordenkircher

### Body Theology

- *Reclaiming the Body in Christian Spirituality*, Thomas Ryan
- *These Beautiful Bones: An Everyday Theology of the Body*, Emily Stimpson

### Race and Spirituality

- *A Many Colored Kingdom*, Conde-Frazier, Kang & Parrett
- *Beyond Colorblind*, Sarah Shin
- *The Color of Compromise*, Jemar Tisby
- *The Cross and the Lynching Tree*, James Cone
- *Divided by Faith: Evangelical Religion and the Problem of Race in America*, Michael Emerson & Christian Smith
- *Hermanas*, Natalia Kohn, Noemi Vega Quinones, Kristy Garza Robinson
- *I'm Still Here*, Austin Channing Brown
- *Mississippi Praying*, Carolyn Renée Dupont
- *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending our hearts and Bodies*, Resmaa Menakem
- *The Myth of Equality: Uncovering the Roots of Injustice and Privilege*, Ken Wystma
- *The Next Evangelicalism: Freeing the Church from Western Captivity*, Soong-Chan Rah
- *Roadmap to Reconciliation: Moving Communities into Unity, Wholeness and Justice*, Brenda Salter McNeil
- *Sisters in the Wilderness*, Delores Williams
- *Strength to Love*, Martin Luther King, Jr.
- *White Awake*, Daniel Hill
- *White Fragility: Why It's So Hard for White People to Talk About Racism*, Robin DiAngelo

- *Joy Unspeakable: Contemplative Practices of the Black Church*, Barbara A. Holmes
- *Crisis Contemplation: Healing the Wounded Village*, Barbara A. Holmes

## **Gender and Sexuality**

- *Discovering Biblical Equality*, Ronald Pierce and Rebecca Merrill Groothuis (eds.)
- *Does Jesus Really Love Me? A Gay Christian's Pilgrimage in Search of God in America*, Jeff Chu
- *Equal to the Task: Men and Women in Partnership*, Ruth Haley Barton
- *From Wild Man to Wise Man*, Richard Rohr
- *Gender and Grace: Love, Work and Parenting in a Changing World*, Mary Stewart Van Leeuwen
- *Gifted to Lead*, Nancy Beach
- *How I Changed My Mind about Women in Leadership*, ed. Alan Johnson
- *Men and Women: The Journey of Spiritual Transformation CD set*, Richard Rohr
- *Paul and Gender: Reclaiming the Apostle's Vision for Men and Women in Christ*, Cynthia Long Westfall
- *Surfing for God*, Michael John Cusick
- *Together in Ministry*, Rob Dixon
- *Torn: Rescuing the Gospel from the Gays-vs.-Christians Debate*, Justin Lee
- *Unwanted: How Sexual Brokenness Reveals Our Way to Healing*, Jay Stringer
- *Vindicating the Vixens*, Sandra Glahn, editor
- *Katie's Canon: Womanism and the Soul of the Black Community*, Katie G. Cannon
- *A Women's Lectionary for the Whole Church*, Wilda C. Gafney
- *Women in God's Mission*, Mary T. Lederleitner
- *Your Sexual Self*, Fran Ferder & John Heagle

## **Illness, Aging and Death**

- *The Art of Dying: Living Fully Into the Life to Come*, Rob Moll
- *Comfort When the Shadow Falls*, Eddie Sharp
- *The Gift of Years*, Joan Chittister
- *Grieving a Suicide*, Albert Y. Hsu
- *Souls in Full Sail*, Emilie Griffin
- *The Way of Grace*, Glandion Carney
- *Winter of the Heart*, Paula D'Arcy
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## **Chronic Pain, Illness, Ability and Difference Experiences in Our Bodies**

- *The Bible, Disability and the Church: A new vision of the people of God*, Amos Yong
- *Darkness is My Only Companion: A Christian Response to Mental Illness*, Kathryn Greene-McCreight
- *On the Spectrum: Autism, Faith & The gifts of Neurodiversity*, Daniel Bowman Jr
- *When There is No Cure*, Craig Svensson

## **Out of print books worth finding:**

- *BioSpirituality: Focusing as a Way to Grow*, Peter Campbell and Edwin McMahon (out-of-print)
- *Created in God's Image: Meditating on Our Body*, Carl Koch and Joyce Heil (St. Marys Press)
- *Prayer and Our Bodies*, Flora Slosson Wuellner (The Upper Room)
- *Sexual Paradox: Creative Tensions in Our Lives and in Our Congregations*, Celia Allison Hahn (The Pilgrim Press)

# Retreat 6

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## REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)

- *Sacred Rhythms* (Chap. 6), Barton
- *Strengthening the Soul of Your Leadership* (Chap.2,3), Barton
- *Life Together in Christ* (Chap. 6), Barton
- *Invitation to a Journey* (Chap. 6, 7), Mulholland

## REQUIRED – OTHER AUTHORS

- *The Human Condition*, Fr. Thomas Keating
- *Soul Making: The Desert Way of Spirituality*, Alan Jones
- *The Gift of Being Yourself*, David Benner
- Choose one:
  - *The Deeper Journey*, M. Robert Mulholland
  - *Coming Home to Your True Self*, Albert Haase

## RECOMMENDED READINGS RELATED TO:

### Self-Knowledge/Seven Deadly Sins

- *Becoming Who You Are*, James Martin
- *Glittering Vices*, Rebecca DeYoung
- *Henri Nouwen and Spiritual Polarities*, Wil Hernandez
- *Here are My Hands* CD, Aaron Niequist
- *I Told Me So: Self-Deception and the Christian Life*, Gregg Ten Elshof
- *Invitations from God*, Adele Ahlberg Calhoun
- *Open the Door*, Joyce Rupp
- *The Practice of Welcoming Prayer*, Cherry Haisten
- *Signature Sins*, Michael Mangis
- *Vainglory: The Forgotten Vice*, Rebecca DeYoung
- *The Wild Land Within*, Lisa Colon Delay

### Enneagram

- *Are You My Type, Am I Yours?*, Renee Baron & Elizabeth Wagele
- *Beyond the Enneagram*, Marilyn Vancil
- *The Enneagram: A Christian Perspective*, Richard Rohr
- *Enneagram: Discernment of Spirits* (CD or DVD), Richard Rohr
- *The Enneagram for Black Liberation: Return to Who You Are Beneath the Armor You Carry*, Chichi Agoraom
- *The Enneagram in Love and Work*, Helen Palmer
- *The Enneagram Made Easy*, Renee Baron & Elizabeth Wagele
- *Enneagram Personality Styles*, Clare Loughrige
- *Know Justice Know Peace: A Transformative Journey of Social Justice, Anti-Racism, and Healing through the Power of the Enneagram*, Deborah Threadgill
- *Motions of the Soul*, Clare Loughrige
- *The Road Back to You*, Ian Morgan Cron & Suzanne Stabile
- *Sacred Enneagram*, Christopher L. Heuertz
- *Self to Lose – Self to Find*, Marilyn Vancil
- *Spiritual Rhythms for the Enneagram: A Handbook for Harmony and Transformation*, Adele & Doug Calhoun and Clare & Scott Loughrige
- *The Story of You*, Ian Morgan
- *Two Windows on the Self* (CD), Jerome Wagner

### Integration of Psychology & Spirituality



- *Divine Therapy and Addiction: Centering Prayer and the Twelve Steps*, Thomas Keating
- *The God-Shaped Brain*, Timothy Jennings
- *Managing Leadership Anxiety: Yours and Their's*, Steve Kuss
- *Overcoming the Dark Side of Leadership*, Gary McIntosh & Samuel Rima
- *The Soul of Shame*, Curt Thompson
- *When Narcissism Comes to Church*, Chuck DeGroat
- *Will and Spirit: A Contemplative Psychology*, Gerald May

### **Novels/Biography/Memoir**

- *Desmond Tutu: A Spiritual Biography*, Michael Battle
- *Glittering Images*, Susan Howatch
- *Learning to Be: Finding Your Center After the Bottom Falls Out*, Juanita Campbell Rasmus
- *This Here Flesh: Spirituality, Liberation, and the Stories That Make Us*, Cole Arthur Riley
- *Till We Have Faces*, C.S. Lewis and Fritz Eichenberg
- *Where the Light Fell: A Memoir*, Philip Yancey

## Retreat 7

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### **REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)**

- *Sacred Rhythms* (Chap. 7), Barton
- *Life Together in Christ* (Chap. 8), Barton
- *Invitation to a Journey* (Chap. 8, 12), Mulholland
- *Strengthening the Soul of Your Leadership* (Chap. 11, 12), Barton
- *Pursuing God's Will Together*, Barton (optional; for a more complete treatment of the topic of corporate leadership discernment)

### **REQUIRED – OTHER AUTHORS**

- *A Testament of Devotion*, Thomas Kelly
- *Desiring God's Will*, David Benner
- *Holy Listening*, Margaret Guenther
- Choose one:
  - *Hearing God*, Dallas Willard
  - *Weeds Among the Wheat*, Thomas Green
  - *The Examen Prayer: Ignatian Wisdom for Our Lives Today*, Timothy Gallagher

### **RECOMMENDED READINGS RELATED TO:**

#### **Personal Discernment**

- *The Attentive Life*, Leighton Ford
- *Choosing Life: Significance of Personal History in Decision-Making*, John English\*
- *Discernment: Reading the Signs of Daily Life*, Henri Nouwen
- *Finding God in All Things*, William Barry
- *Inner Compass*, Margaret Silf
- *Into Your Hands, Father: Abandoning Ourselves to the God Who Loves Us*, Fr. Wilfrid Stinissen
- *Let Your Life Speak*, Parker Palmer
- *Listen to My Life*, Sibyl Towner and Sharon Swing
- *Living into the Answers*, Valerie Isenhower and Judith Todd

- *Sacred Compass*, J. Brent Bill
- *Sleeping with Bread*, Dennis Linn, Sheila Fabricant Linn, and Matthew Linn
- *To Be Told: God Invites You to Coauthor Your Future*, Dan Allender
- *The Way of Discernment*, Elizabeth Liebert

### **Theological Perspectives on Discernment**

- *Discernment and Truth*, Mark McIntosh
- *God's Empowering Presence*, Gordon Fee
- *Paul, the Spirit, and the People of God*, Gordon Fee
- *The Voice of Jesus*, Gordon T. Smith

### **Corporate Leadership Discernment**

- *Discerning God's Will Together*, Danny Morris and Charles Olsen
- *Listening Hearts*, Suzanne Farnham
- *Pursuing God's Will Together*, Ruth Haley Barton
- *Scripture and Discernment: Decision Making in the Church*, Luke Timothy Johnson
- *The Soul of Discernment: A Spiritual Practice for Communities and Institutions*, Elizabeth Liebert

### **Spiritual Direction**

- *Abba, Give Me a Word*, L. Roger Owens
- *Beyond the Suffering: Embracing the Legacy of African American Soul Care and Spiritual Direction*, Robert Kellemen and Karole Edwards\*
- *Forming the Leader's Soul: An Invitation to Spiritual Direction*, Morris Dirks
- *Kaleidoscope: Broadening the Palette in the Art of Spiritual Direction*, Ineda Pearl Adesanya
- *Seeking God Together*, Alice Fryling
- *Soul Friend: An Introduction to Spiritual Direction (1992)*, Kenneth Leech
- *Soul Friend: Spiritual Direction in the Modern World (2001)*, Kenneth Leech
- *Spiritual Direction and Meditation*, Thomas Merton
- *Spiritual Director, Spiritual Companion: Guide to Tending the Soul*, Tilden Edwards
- *Starting Something New*, Beth Booram

## **Retreat 8**

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### **REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)**

- *Invitation to Solitude and Silence* (Chapter 12), Barton
- *Life Together in Christ* (Chapter 9), Barton
- *Invitation to a Journey* (Chapters 12-13), Mulholland

### **REQUIRED – OTHER AUTHORS**

- *Contemplation in Action*, Richard Rohr
- *Strong and Weak: Embracing a Life of Love, Risk and True Flourishing*, Andy Crouch
- CHOOSE ONE:
  - *The Cross and the Lynching Tree*, James H. Cone
  - *Strength to Love*, Martin Luther King, Jr.
- CHOOSE ONE:

Choose one book from the Recommended Reading List (pages 3-4) that will help you go deeper in a specific area where you are feeling called to be “in God for the world.”

## RECOMMENDED READINGS RELATED TO:

### General/Theology

- *Contemplation in a World of Action*, Thomas Merton
- *The Cross and the Lynching Tree*, James Cone
- *Cruciformity: Paul's Narrative Spirituality of the Cross*, Michael Gorman
- *Dancing Standing Still: Healing the World from a Place of Prayer (previously: A Lever and a Place to Stand)*, Richard Rohr
- *Eager to Love: The Alternative Way of Francis of Assisi*, Richard Rohr
- *Experiencing God: Theology as Spirituality*, Kenneth Leech
- *The God of Intimacy and Action: Reconnecting Ancient Spiritual Practices, Evangelism, and Justice*, Tony Campolo and Mary Albert Darling
- *Inhabiting the Cruciform God: Kenosis, Justification, and Theosis*, Michael Gorman
- *Jesus and the Nonviolent Revolution*, André Trocmé
- *The Living Reminder: Service and Prayer in Memory of Jesus Christ*, Henri Nouwen
- *Love Never Fails: A Journal to be Inspired by the Power of Love*, Hilda St. Clair
- *Strong and Weak*, Andy Crouch
- *A Thicker Jesus: Incarnational Discipleship in a Secular Age*, Glen Harold Stassen

### Faith Sharing/Proclaiming the Good News

- *A Credible Witness: Reflections on Power, Evangelism and Race*, Brenda Salter McNeil
- *The Dangerous Act of Loving Your Neighbor: Seeing Others Through the Eyes of Jesus*, Mark Labberton
- *The God of Intimacy and Action: Reconnecting Ancient Spiritual Practices, Evangelism, and Justice*, Tony Campolo and Mary Albert Darling
- *The Hole in Our Gospel: What Does God Expect of Us? The Answer that Changed My Life*, Richard Stearns
- *The People of the Towel and Water: Restoring the World through Christ in Everyday Life*, Catherine Doherty
- *The Very Good Gospel: How Everything Wrong Can Be Made Right*, Lisa Sharon Harper

### Forgiveness

- *Change of Heart: Justice, Mercy, and Making Peace with My Sister's Killer*, Jeanne Bishop
- *Don't Forgive Too Soon: Extending the Two Hands That Heal*, Dennis Linn, Sheila Fabricant Linn, and Matthew Lin
- *Forgiveness: A Lenten Study*, Marjorie Thompson
- *Forgiveness: Following Jesus into Radical Loving*, Paula Huston
- *Helping People Forgive*, David Augsburg
- *Made for Goodness: And Why this Makes all the Difference*, Desmond Tutu and Mpho Tutu
- *The Process of Forgiveness*, William Meninger
- *The Scandal of Forgiveness: Grace Put to the Test*, Philip Yancey
- *The Wall Around Your Heart: How Jesus Heals You When Others Hurt You*, May DeMuth
- *Where the Light Fell: A Memoir*, Philip Yancey

### Compassion/The Poor

- *The Locust Effect: Why the End of Poverty Requires the End of Violence*, Gary Haugen
- *Unexpected News: Reading the Bible Through Third World Eyes*, Robert McAfee Brown

### Justice

- *Becoming Brave: Finding the Courage to Pursue Racial Justice Now*, Brenda Salter McNeil
- *A Christian Justice for the Common Good*, Tex Sample
- *The Color of Compromise: The Truth about the American Church's Complicity in Racism*, Jemar Tisby
- *The Dangerous Act of Worship: Living God's Call to Justice*, Mark Labberton
- *Good News about Injustice: A Witness of Courage in a Hurting World*, Gary Haugen
- *The Heart of Racial Justice: How Soul Change Leads to Social Change*, Brenda Salter McNeil and Rick Richardson (K)
- *How to Heal Our Divides: A Practical Guide*, Brian Allain, et al
- *I'm Still Here: Black Dignity in a World Made for Whiteness*, Austin Channing Brown

- *The Just Church: Becoming a Risk-Taking, Justice-Seeking, Disciple-Making Congregation*, Jim Martin
- *Just Courage: God's Great Expedition for the Restless Christian*, Gary Haugen
- *Just Mercy: A Story of Justice and Redemption*, Bryan Stevenson
- *Love. Period. When All Else Fails*, Rudy Rasmus
- *Prophetic Lament: A Call for Justice in Troubled Times*, Soong-Chan Rah
- *Sacred Resistance: A Practical Guide to Christian Witness and Dissent*, Ginger Gaines-Cirelli
- *Tattoos on the Heart: The Power of Boundless Compassion*, Father Gregory Boyle
- *White Lies: Nine Ways to Expose and Resist the Racial Systems That Divide Us*, Daniel Hill

### **Generosity**

- *The Five Practices of Extravagant Generosity*, Bishop Robert Schnase
- *The Soul of Money: Transforming Your Relationship with Money and Life*, Lynne Twist
- *A Spirituality of Fundraising*, Henri Nouwen

### **Reconciliation and Peacemaking (all kinds)**

- *Divided by Faith: Evangelical Religion and the Problem of Race in America*, Michael Emerson and Christian Smith
- *The Enneagram for Black Liberation: Return to Who You Are Beneath the Armor You Carry*, Chichi Agorom
- *Fortune: How Race Broke My Family and How to Repair it All*, Lisa Sharon Harper
- *The Little Book of Conflict Transformation*, John Paul Lederach
- *Live Like Francis: Reflection on Franciscan Life in the World*, Weigel and Foley
- *Making Peace with Conflict: Practical Skills for Conflict Transformation*, Edited by Carolyn Schrock-Shenk and Lawrence Ressler
- *The Night is Long but Light Comes in the Morning: Meditations for Racial Healing*, Catherine Meeks
- *Reparations: A Christian Call for Repentance and Repair*, Duke L. Kwon and Gregory Thompson
- *The Spirit and Art of Conflict Transformation: Creating a Culture of Just Peace*, Thomas W. Porter

### **Power and Politics**

- *Faithful Presence*, Bill Haslam
- *Irresistible Revolution*, Shane Claiborne
- *Jesus for President: Politics for Ordinary Radicals*, Shane Claiborne
- *Kingdom Ethics: Following Jesus in Contemporary Context, 2nd ed*, David P. Gushee and Glen H. Stassen
- *Playing God: Redeeming the Gift of Power*, Andy Crouch
- *Red Letter Christians: A Citizen's Guide to Faith and Politics*, Tony Campolo
- *The Space Between Us: How Jesus Teaches Us to Live Together When Politics and Religion Pull Us Apart*, Sarah Bauer Anderson
- *Thou Shalt Not Be a Jerk: A Christian's Guide to Engaging Politics*, Eugene Cho

## **Retreat 9**

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### **REQUIRED – TRANSFORMING RESOURCES (CONTAINS TEACHINGS FROM THIS RETREAT)**

- *Sacred Rhythms* (Chap. 8,9), Barton
- *Strengthening the Soul of Your Leadership* (Chap. 7,8), Barton
- *Life Together in Christ* (please review), Barton

### **REQUIRED – OTHER AUTHORS**

- *Power of Full Engagement*, Jim Loehr and Tony Schwartz

- *Spirituality for Everyday Living*, Brian C. Taylor  
(*St. Benedict's Rule* is strongly recommended along with Taylor's book)
- #1 Choose either:
  - *Embracing Rhythms of Work and Rest*, Ruth Haley Barton
  - *Sabbath*, Wayne Muller
- #2 Choose either:
  - *Practicing Our Faith*, Dorothy Bass
  - *Soul Feast*, Marjorie Thompson

## RECOMMENDED READING RELATED TO

### **Rule of Life**

- *At Home in the World: A Rule of Life for the Rest of Us*, Margaret Gunther
- *The Book of Pastoral Rule*, St. Gregory the Great
- *The Common Rule*, Justin Whitmel Earley
- *Fulfilled: Living and Leading with Unusual Wisdom, Peace and Joy*, Kirk Byron Jones
- *The Intentional Year: Simple Rhythms for Finding Freedom, Peace, and Purpose*, Holly & Glenn Packiam
- *Invitations from God*, Adele Calhoun
- *The Making of An Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines*, Nathan Foster
- *Receiving the Day: Christian Practices for Opening the Gift of Time*, Dorothy Bass
- *The Rule of Benedict*, Joan Chittister
- *The Rule of Saint Benedict*, Jonathan Wilson-Hartgrove
- *The Rule of Taizé*, Brother Roger

### **Finding God in the Ordinary**

- *Against an Infinite Horizon*, Ronald Rolheiser
- *An Altar in the World*, Barbara Brown Taylor
- *The Attentive Life*, Leighton Ford
- *Being Home: Discovering the Spiritual in Everyday Life*, Gunilla Norris
- *The Cup of Our Life*, Joyce Rupp
- *Letters by a Modern Mystic*, Frank Laubach
- *Liturgy of the Ordinary*, Tish Harrison Warren
- *Living in the Presence: Spiritual Exercises to Open Our Lives to the Awareness of God*, Tilden Edwards
- *Presence and Encounter: The Sacramental Possibilities of Everyday Life*, David Benner
- *The Quotidian Mysteries*, Kathleen Norris
- *The Spiritual Life*, Evelyn Underhill
- *Spiritual Literacy*, Frederic and Mary Ann Brussat
- *A Tree Full of Angels*, Macrina Wederkehr
- *When Faith Becomes Sight*, Beth and David Booram

### **Sabbath**

- *24/6: The Power of Unplugging One Day a Week*, Tiffany Shlain
- *Keeping the Sabbath Wholly*, Marva Dawn
- *Rest is Resistance*, Tricia Hersey
- *The Rest of God*, Mark Buchanan
- *Sabbath as Resistance*, Walter Brueggemann
- *Sabbath in the Suburbs*, MaryAnn McKibben-Dana

- *Sabbath Keeping*, Lynne Babb
- *Subversive Sabbath*, A.J. Swoboda

### **Sacred Rhythms in Community**

- *Analog Church: Why We Need Real People, Places, and Things in the Digital Age*, Jay Kim
- *The Intentional Christian Community Handbook*, David Janzen
- *Living Into Community: Cultivating Practices that Sustain Us*, Christine Pohl
- *Sacred Rhythms Curriculum (DVD & Participant Guide)*, Ruth Haley Barton
- *Slow Church*, C. Christopher Smith
- *Spiritual Rhythms in Community*, Keith Meyer

### **Technology**

- *24/6: The Power of Unplugging One Day a Week*, Tiffany Shlain
- *Analog Christian: Cultivating Contentment, Resilience, and Wisdom in the Digital Age*, Jay Kim
- *Reconnect: Spiritual Restoration from Digital Distraction*, Ed Cyzewski
- *Stolen Focus*, Johann Hari

For books that are out of print, try Amazon Kindle, Amazon used books, Alibris.com or your local library. For seminary students: If there is a discrepancy between the reading list above and the syllabus, please follow the syllabus.

*The TC does not endorse every idea in every author's body of work. Books are chosen based on their ability to spur us on to deeper thinking about the retreat's topic. The TC trusts that everyone in the Community will strive to be like the Bereans, searching the Scriptures to see if these things are so.*