

Retreat 1

PRE-READING

- [Invitation to a Journey: A Road Map for Spiritual Formation](#), M. Robert Mulholland
- [Thirsty For God: A Brief History of Christian Spirituality](#), Bradley Holt

TRANSFORMING RESOURCES THAT CONTAIN TEACHINGS FROM THIS RETREAT

- [Life Together in Christ](#) (Introduction & Chapters 1 & 2), Ruth Haley Barton
- [Sacred Rhythms](#) (Introduction & Chapter 1), Ruth Haley Barton
- [Strengthening the Soul of Your Leadership](#) (Introduction & Chapter 1), Ruth Haley Barton

REQUIRED READINGS

- [Invitation to Retreat](#), Ruth Haley Barton
- [Life Together](#), Dietrich Bonhoeffer

CHOOSE ONE:

- [Befriending Our Desires](#), Philip Sheldrake
- [The Holy Longing](#), Ronald Rolheiser

CHOOSE ONE:

- [Joy Unspeakable: Contemplative Practices of the Black Church](#), Barbara A. Holmes
- [In the Name of Jesus](#), Henri Nouwen

RECOMMENDED READING

- [Concerning the Inner Life](#), Evelyn Underhill
- [Holy Listening](#), Margaret Guenther
- [Imitation of Christ](#), Thomas a Kempis and Edythe Draper
- [Leaving Church](#), Barbara Brown Taylor
- [The Making of an Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines](#), Nathan Foster
- [Spirit of the Disciplines](#), Dallas Willard
- [Wilderness Time](#), Emilie Griffin
- [The Inward Journey](#), Howard Thurman
- [Tokens of Trust](#), Rowan Williams

