

NAME (optional) _____

Transforming Community® 16

A Time for Noticing

Did not our hearts burn within us while he talked to us on the road?

LUKE 24:32

This exercise is an opportunity for us to do what the disciples did when they took time to reflect on the Emmaus walk, to notice the moment when Jesus joined them on the road, to notice what it felt like, to remember what he said and how meaningful it was.

In the same spirit, we invite you to look back on the walk we have taken together over the last two years—to notice moments when God met you, changes that have taken place in your life as a result of your journey with this community, aspects that were most meaningful, and thank God for them. It is also an invitation for you to share with us aspects of the experience that were most helpful and those that were least helpful—for your own benefit and also for our learning. The tone of this exercise should be gentle, open, honest and curious.

1. What drew you to join the *Transforming Community* (TC)? What was the state of your soul when you began? What has shifted and changed in you as a result of your TC experience?

2. What disciplines introduced in your TC experience have been most helpful with your journey of spiritual transformation? What aspects of the retreat experiences have been *most important* to you? *Least important* to you?



3. Please comment on your experience with your written reflections. Who was your reader? Did you receive your papers back promptly? Were their comments and companionship helpful?

4. Did you meet with a spiritual director during your TC experience? If so, who did you see and how regularly did you meet? Was it helpful to your spiritual journey? Why or why not?

5. Describe your group spiritual direction experience. How did your group do with holding the structure in place? How did participation in the group enhance your community experience?

6. As you look back on your time in community, is there anything you did/didn't do that adversely affected your experience? If so, what have you learned, and what would you do differently?

7. If you are a younger community member, is there anything you would encourage us to re-evaluate or consider related to our efforts to minister to a younger and more diverse demographic?

8. If you are a pastor or church leader, would you like information about the *Transforming Church Initiative* and how you might get involved? What topics would be most helpful as you think about leading a transforming church?

Take a few moments to express your gratitude to God directly and to ask for his assistance in carrying with you those gifts that are most important for you.

